

THE GUIDE TO LIVING WITH STYLE

March 2008

# domino

## simplify your life!

# 150

### EASY WAYS TO GO GREEN

*in every room!  
for every budget!*

### how to add color with confidence

### no-cook recipes for healthy meals

**FREE STUFF**  
& great deals  
in this issue  
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### 12 ways to save money & energy

### decorating therapy: trust your style instincts

josie maran, organic beauty entrepreneur

dominomag.com

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plus, the 10 all-time best beauty products

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Unless someone like you cares a whole awful lot, nothing is going to get better, it's not. —Dr. Seuss dominomag.com

Conde Nast

## decorating

### fabric palette, cont'd

The new wave of sustainable textiles boasts more than enough options to do venerated decorator Sister Parish's American Country style proud. We chose a preppy mix of neutrals and crisp prints united by an off-white background.



#### 1. the fabrics

Intricately loopy and mod-yet-retro, this 100 percent organic cotton is silk-screened with water-based ink. Covering an adjacent sofa and chair with cheerful spring green and intense cherry sets off a vibrant frisson. When mixing patterns, any two will work as long as they're of similar density and tone. (Beware of larger motifs, though, as they're trickier to pair without overwhelming.)

"Atticus" in Basil and Cherry \$98/yard, [modgreenpod.com](http://modgreenpod.com) for stores



The insides are as wholesome as the outside!

The love seat is plumped with zero-CFC gas foam, which means it won't damage the ozone layer.

#### 2. wallpaper

This muted khaki stripe helps anchor the room's vivid colors. Based on an 1850s example in a Swedish manor house, the recycled paper is manufactured with less-toxic 18th-century methods and no synthetics. Verticals add height (rarely a negative in decorating), and these are wide enough to pleasantly contrast with the busy upholstery.

Country Swedish "Klassisk Rand" about \$310/11-yard roll, e-mail [designpro@ddbld.com](mailto:designpro@ddbld.com)

#### 3. throw pillows

We paid tribute to Sister Parish's happy interiors with a bevy of cozy cushions, including a bud-green "chintz" made of bamboo and a vegetable-dyed floral.

**PILLOW FABRIC** (left) "Islandia" in Citrine about \$80/yard, [beaconhilledesign.com](http://beaconhilledesign.com) for information **PILLOW** Florence Broadhurst 16" "Japanese Floral" in Hopsack \$110 Woodson and Rummerfield's House of Design (310) 659-3010



#### 4. extra credit: curtains

For this room, since there's a lot going on, we'd make window treatments out of oatmeal-y hemp that's grown without pesticides, insecticides or fungicides. The nubby neutral supplies texture without upsetting the relaxed feel.

"Tacoma" in Linewash about \$120/yard, [oecotextiles.com](http://oecotextiles.com) for information

#### OUR GREEN-FABRIC ROLODEX

[harmonyart.com](http://harmonyart.com) A fair-trade-oriented wholesale designer of delightful prints.

[livetextiles.com](http://livetextiles.com) Quirky offerings from a West Coast-based former fisheries biologist (who avoids runoff-producing dyes).

[modgreenpod.com](http://modgreenpod.com) Two sisters-in-law proffer organic cotton and vinyl-free wallpaper.

[narseanaturals.com](http://narseanaturals.com) This family company deals in Indian co-op silk and other finds.

[oecotextiles.com](http://oecotextiles.com) A pair of sisters source goods such as pesticide-free hemp and Quilcene, a cotton and bamboo combo.

[organiccottonplus.com](http://organiccottonplus.com) This women-run firm in rural West Texas has insanely affordable organic denim and chambray.

[pmorganics.com](http://pmorganics.com) Work-at-home mothers banded together for organic alternatives, spawning a Vermont-based textile business.

[qcollection.com](http://qcollection.com) An interior designer and environmentalist teamed up to devise this expansive line of FSC-certified furniture, safely dyed textiles and accessories.

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